

IMPORTANT QUESTIONS

I WANT TO ASK MY DOCTOR

When you see your baby's doctor or specialist, it can be hard to know what to ask, and easy to forget important questions you have.

That's why we created this discussion guide. To get the most benefit from the time you'll have with your baby's doctor, be sure to **answer the first two questions below** before your next appointment, and then **take this with you to the appointment.**

What concerns do you have about your baby's growth?

(For example, I've noticed that my baby is not gaining weight; I've been having a difficult time feeding my baby)

Summarize any signs or symptoms that you have recently noticed:

(For example, vomiting, diarrhea, refusing feedings – photos might be helpful for your doctor)

It's also a good idea to review the questions below and note which seem most important to you. You can also add your own questions on the bottom of the next page.

Does my baby have failure to thrive (FTT) or at risk of FTT?

If yes...What might be causing it?

(For example, he or she eats too little, health problems involving the digestive system, food intolerance, an ongoing medical condition, infections)

What does FTT mean for my baby's future?



WWW.FORTINIUS.COM
for more information.

How can we address FTT and make sure my baby grows properly?

(For example, using a high-calorie formula)

How many calories per ounce would be best for my baby?

(If your doctor recommends a formula change)

Can I continue to provide breast milk and supplement my baby's diet with additional calories?

(If you are breastfeeding)

Would my baby benefit from a formula designed for FTT, like Fortini?

Use the empty space below to write in your own questions.

Fortini infant formula is a product of Nutricia North America. Nutricia supports the use of breast milk whenever possible.

Fortini is a medical food for use under medical supervision for infants and young children from 0 to 18 months of age or 19.8 lbs with or at risk of growth failure, increased energy requirements, and/or fluid restrictions. Fortini is brought to you by Nutricia North America.

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FORTINITM INFANT

IS THE FIRST AND ONLY



30 KCAL/FL OZ

ready-to-feed formula specifically calibrated for infants with or at risk of failure to thrive (FTT)



• **Proven as well tolerated** as 20 kcal/fl oz standard infant formula, even in critically ill FTT infants^{1,2*}



• **Powered by protein:** In accordance with WHO/FAO/UNU guidelines,⁸ meets the recommended percentage of energy from protein – to support appropriate lean tissue gain specifically for catch-up growth

• **Easy for parents and caregivers:** Just pour and feed

• **Suitable as a sole source of nutrition** or as a supplement[†]

• **Eliminates the trial-and-error calorie “step-up” approach**

Available in more than 30 countries, trusted for more than 20 years[‡]

Supported by 7 clinical studies¹⁻⁷

Made in Europe by Nutricia, the makers of Neocate[®]

Clinically shown to support catch-up growth⁴⁻⁶ – so optimal nutrition never has to wait.

Fortini is indicated for the unique nutritional needs of infants from birth up to 18 months of age (or 19.8 lbs/9 kg) with or at risk of growth failure, increased energy requirements, and/or fluid restrictions due to conditions such as:

- CONGENITAL HEART DISEASE
- CHRONIC LUNG DISEASE
- RESPIRATORY SYNCYTIAL VIRUS
- NEUROLOGICAL SYNDROME OR NEURO-DISABILITIES
- CYSTIC FIBROSIS
- NON-DISEASE RELATED FTT

For healthcare professionals,



[FORTINIUS.COM/HCP](https://www.fortinius.com/hcp)

for more information, to request a free sample, or to virtually contact a sales representative.

*Normal changes in stool frequency and consistency may occur in the first few days after starting babies on Fortini. Infants less than 12 weeks of age may benefit from a graded introduction to Fortini.³

[†]Nutricia supports breastfeeding as the best option, when possible.

[‡]Fortini is known as Infatini outside the U.S.

FORTINI IS A MEDICAL FOOD FOR USE UNDER MEDICAL SUPERVISION.

NUTRIENTS	Per 100 Calories (100 mL)	Per Carton (4 fl oz / 118 mL)
Calories	100	118
Protein, g	2.6	3.0
Fat, g	5.4	6.3
Linoleic Acid, mg	790	934
α-Linolenic Acid, mg	141	167
DHA, mg	17.8	21.1
ARA, mg	17.8	21.1
Carbohydrate, g	10.1	12.0
Soluble Fiber, g	0.57	0.67
Water, g	85	100
VITAMINS		
Vitamin A, IU (mcg RE)	253 (76.0)	299 (89.7)
Vitamin D, IU (mcg)	76.0 (1.9)	89.9 (2.2)
Vitamin E, IU (mg α-TE)	3.1 (2.1)	3.7 (2.5)
Vitamin K, mcg	8.5	10.1
Thiamine, mcg	150	177
Riboflavin, mcg	200	237
Vitamin B ₆ , mcg	110	130
Vitamin B ₁₂ , mcg	0.30	0.35
Niacin, mcg	530	630
Folic acid, mcg	16.0	18.9
Pantothenic acid, mcg	800	946
Biotin, mcg	4.0	4.7
Vitamin C, mg	14.0	16.6
Choline, mg	23.0	27.2
Inositol, mg	25.0	29.6

MINERALS	Per 100 Calories (100 mL)	Per Carton (4 fl oz / 118 mL)
Calcium, mg (mmol) [mEq]	100 (2.5) [5.0]	118 (2.9) [5.9]
Phosphorus, mg (mmol)	50.0 (1.6)	59.1 (1.9)
Magnesium, mg (mmol) [mEq]	10.7 (0.44) [0.89]	12.7 (0.52) [1.0]
Iron, mg	1.6	1.9
Zinc, mg	0.70	0.83
Manganese, mcg	16.0	18.9
Copper, mcg	65.0	76.9
Iodine, mcg	20.1	23.8
Molybdenum, mcg	<8.0	<9.5
Chromium, mcg	<8.0	<9.5
Selenium, mcg	2.9	3.4
Sodium, mg (mmol, mEq)	37.0 (1.6)	43.8 (1.9)
Potassium, mg (mmol, mEq)	95.0 (2.4)	112 (2.9)
Chloride, mg (mmol, mEq)	62.0 (1.7)	73.3 (2.0)
Osmolality	360 mOsm/kg H ₂ O	

ORDERING/REIMBURSEMENT INFORMATION:

Product Code	NDC-Format Code	HCPCS Code	Product Packaging	Calories per Carton
161212	49735011212	B4160	30 x 4 fl oz (118 mL)	118

Ingredients: Water, Nonfat Milk, Maltodextrin, Refined Vegetable Oils (Canola, Modified Coconut, High Oleic Sunflower, Sunflower, and Corn Oils), Lactose, and less than 2% of each of the following: Galacto-oligosaccharides (GOS), Whey Protein, Medium Chain Triglycerides (Palm Kernel and/or Coconut Oil), Anhydrous Milk Fat, Citric Acid Esters of Mono- and Diglycerides (CITREM), Calcium Citrate, Fructooligosaccharides (FOS), Potassium Citrate, Calcium Phosphate, Sodium Chloride, Citric Acid, *C. cohnii* Oil*, Inositol, *M. alpina* Oil†, Sodium L-Ascorbate, Choline Chloride, Magnesium Carbonate, Calcium Hydroxide, Potassium Hydroxide, Ferrous Lactate, Taurine, Dipotassium Hydrogen Phosphate, Nucleotides (Cytidine 5'-Monophosphate, Adenosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Disodium Inosine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate), DL-Alpha Tocopheryl Acetate, L-Carnitine, Zinc Sulfate, Calcium D-Pantothenate, Niacin, Soy Lecithin, Copper Gluconate, Thiamine Hydrochloride, Potassium Iodide, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Acetate, Manganese Sulfate, Folic Acid, Phylloquinone, D-Biotin, Sodium Selenite, Cholecalciferol, Cyanocobalamin.

Contains: Milk, Soy

*A source of Docosahexaenoic Acid (DHA)

†A source of Arachidonic Acid (ARA)

§Nutricia North America does not represent codes to be National Drug Codes (NDCs). NDC-format codes are product codes adjusted according to standard industry practice to meet the format requirements of pharmacy and health insurance systems.

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