

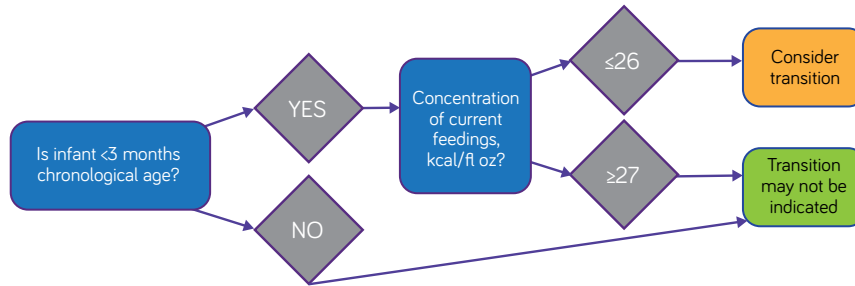


Fortini® Transition Guide



- Fortini Infant can be started at full strength from day 1 for most infants, and is shown to be as well tolerated as standard infant formula.¹⁻³
- Infants less than 12 weeks of age may benefit from a graded introduction to Fortini Infant over three days.

FLOW CHART: SHOULD I CONSIDER A GRADED TRANSITION TO FORTINI INFANT?



Mild temporary changes in stool frequency, consistency, or gas may occur as infants adjust to prebiotic fiber.

These typically resolve within several days.

CONSIDER ONE OF THESE METHODS WHEN A GRADED TRANSITION TO FORTINI INFANT IS APPROPRIATE

METHOD 1 (REPLACE FEEDINGS):

STANDARD TRANSITION METHOD

Start by replacing several feedings of the original formula or human milk with feedings of Fortini Infant on the first day.

Over a period of days, replace one additional feeding of the original formula or human milk per day with Fortini Infant.

Method 1 sample progression:

| Day | Original formula or breast milk | Fortini Infant | Remainder |
|-------|----------------------------------|----------------|-----------|
| Day 1 | 3 feedings | | |
| Day 2 | 2 feedings | | |
| Day 3 | 1 feeding | | |
| Day 4 | All feedings 100% Fortini Infant | | |

METHOD 2 (BLEND FEEDINGS):

HELPFUL WHEN INFANTS ARE SENSITIVE TO TASTE CHANGES

Start by mixing a small amount of Fortini Infant with original formula or human milk in a clean bottle.

- If the original formula is a powder, mix it separately following the directions on the can, before combining with Fortini Infant.
- If the baby is taking human milk,* give the expressed milk in a bottle (be sure the baby is comfortable with a bottle first).
- Over a period of days, gradually increase the ratio of Fortini Infant to the original formula or expressed human milk in the bottle.

| DAY | PROPORTION & AMOUNT OF CURRENT INFANT FORMULA OR HUMAN MILK | PROPORTION & AMOUNT OF FORTINI® INFANT |
|-------|---|--|
| DAY 1 | 75% Child should take _____ fl oz Examples: 75% of a 4-ounce bottle is 3 fluid ounces 75% of a 6-ounce bottle is 4½ fluid ounces | 25% Child should take _____ fl oz Examples: 25% of a 4-ounce bottle is 1 fluid ounce 25% of a 6-ounce bottle is 1½ fluid ounces |
| DAY 2 | 50% Child should take _____ fl oz | 50% Child should take _____ fl oz |
| DAY 3 | 25% Child should take _____ fl oz | 75% Child should take _____ fl oz |
| DAY 4 | None | 100% Child should take _____ fl oz |

Brought to you by Nutricia North America.

*Nutricia North America supports the use of human milk wherever possible.

1. Cui, et al. JPEN J Parenter Enteral Nutr. 2018;42:196-204. 2. van Waardenburg, et al. Clin Nutr. 2009;28:249-55. 3. Scheeffer, et al. JPEN J Parenter Enteral Nutr. 2020;44:348-54. 4. Eveleens, et al. 2018.

Fortini® Infant is an infant formula for use under medical supervision designed for the dietary management of term infants and young children up to 18 months of age (or up to 19 lbs, 13 oz (9 kg)) with or at risk of growth failure, increased energy requirements, fluid restrictions, and/or malnutrition. Clinicians should regularly monitor nutrient and fluid status by reviewing nutrient intake and needs, anthropometry, tolerance, and micronutrient status.